Jumping Jack Gross Motor Dice

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Graphics: Purchased from Melonheadz Illustrations



Jumping Jack Gross Motor Dice



Disclaimer: WARNING

- The activities in these printables are to be done under adult supervision.
- These printables are only ideas and not a replacement for a Physical Education program.
- Please only do activities at your child's current physical activity level. You know your child's activity level best.
- 3 Dinosaurs is not responsible for any injuries that may occur while using these ideas.

Thanks! 3Dinosaurs.com



Cut out and fold to make a die.

Jumping Jacks: Legs Only Created by Cassie @ 3Dinosaurs.com Jumping Jacks: Jumping Jacks: Jumping Jacks: Arms and Arms Arms Legs Only together Only Jumping Jacks: Legs Only Jumping Jacks: Arms and Legs together

Jumping Jacks:
Arms and
Legs
together

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Jumping Jacks:

Legs Only

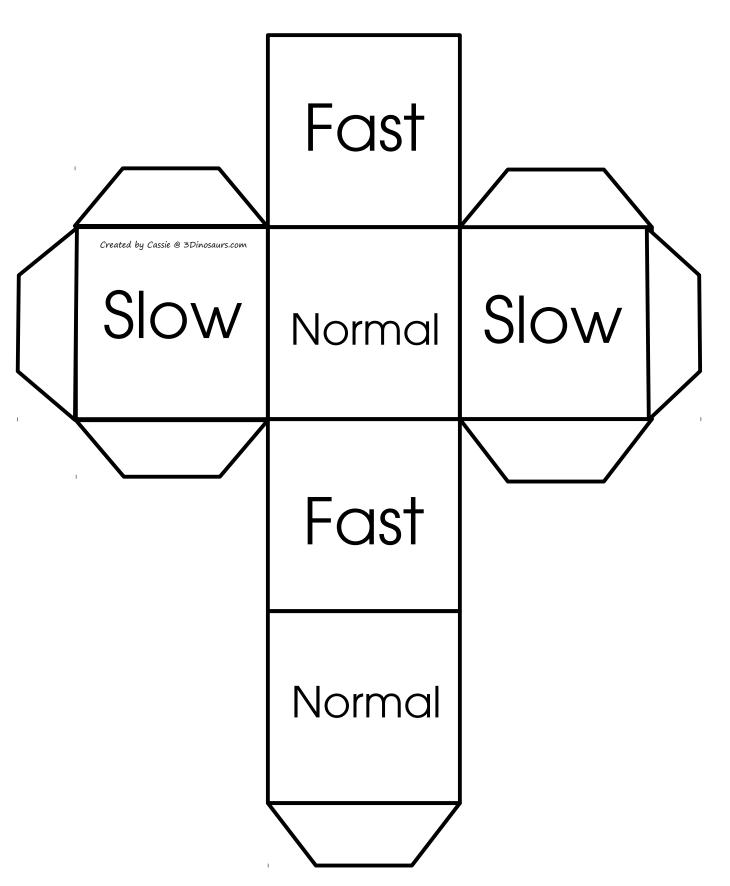
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Jumping Jacks:

Legs Only

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Fast

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Fast

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Slow

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Slow

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Normal

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Normal

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